



Disability Rights Education & Defense Fund

**WELCOME**

**to**

**Improving Access to Health Care for  
People with Disabilities**

A self-directed training for aging and disability organizations

3075 Adeline Street, Suite 210 • Berkeley, CA 94703 • 510.644.2555 • 510.841.8645 fax/tty •  
1660 L Street, NW, Suite 700 • Washington, DC • [www.dredf.org](http://www.dredf.org)

Prepared by the Disability Rights Education and Defense Fund (DREDF) for the Aging and Disability Partnership, established by the National Association of Area Agencies on Aging as a part of Administration for Community Living grant “Building the Business Capacity of Aging and Disability Community-Based Networks for Managed Long-Term Services and Supports.”

# Course Purpose

- Welcome to “Improving Access to Health Care for People with Disabilities”
  - The purposes of this course are to:
    - Assist senior, disability, and affinity organizations to develop their capacity to assist people with disabilities access health care and long-term services and supports (LTSS), and
    - Increase organizational capacity of senior, disability, and affinity organizations to advise Medicaid Managed Care Organizations about methods to assure access, equal and effective treatment, and appropriate accommodations for members and others with disabilities

# Learning Objectives

- The course will help you understand
  - How the Americans with Disabilities Act applies to managed care organizations and health care facilities, services, and programs
  - How disability is defined
  - Health disparities among people with disabilities
  - Barriers to health and healthcare that some people with physical, mental or cognitive impairments might experience and related solutions
  - Actions you can take to help people who experience barriers to care

# Course Content

**Welcome to “Improving Access to Health Care for People with Disabilities” (read first)**

**Module # 1** – The Americans with Disabilities Act—  
Key Elements

**Module # 2** – Introduction to Disability

**Module # 3** – Effective Communication

**Module # 4** – Physical Access to Healthcare

**Module # 5** – Policies & Procedures—Components  
of Programmatic Access in Healthcare

**Disability Resources**

# How to Navigate “Improving Access to Health Care for People with Disabilities”

- This self-directed training is presented in five downloadable pdf files
  - **Step One:** Read Module # 1: The Americans with Disabilities Act
  - **Step Two:** Read Modules two through five. These modules include quiz questions; correct answers follow each module.
  - **Step Three:** Additional information is available in Disability Resources