

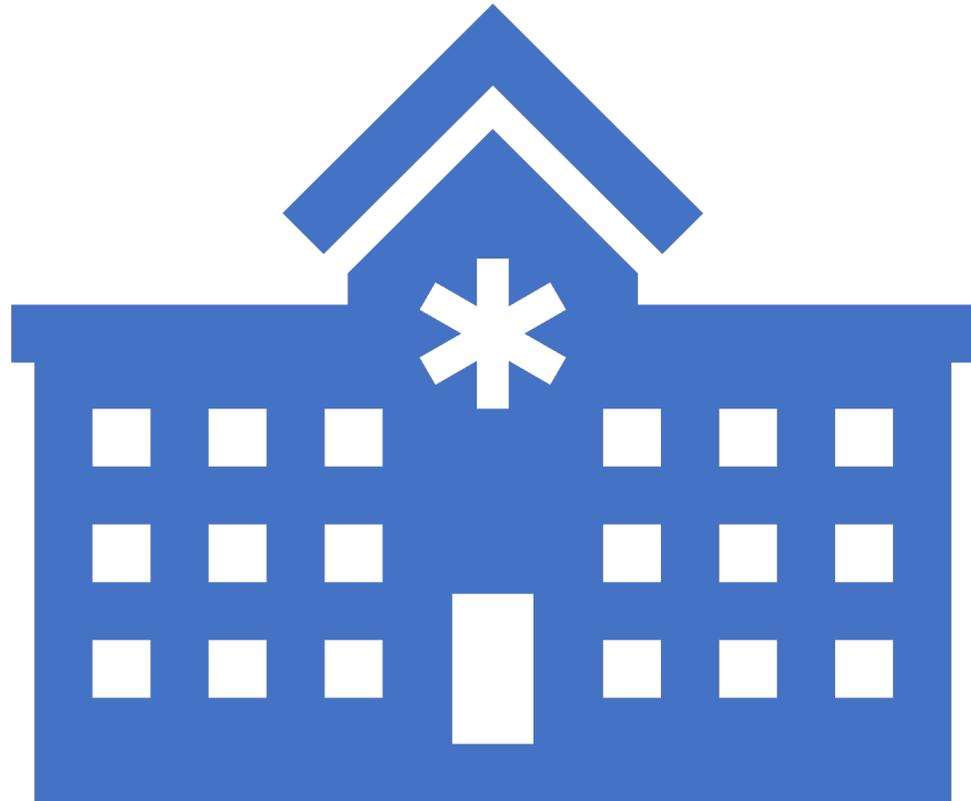


Home and Community-Based Services 101 Under CalAIM

Presented by
Silvia Yee & Erin Nguyen Neff

December 5, 2023





Medi-Cal for Housing

- Medi-Cal Health Homes Program: Connecting health with housing services and transitioning to housing.
- Cal AIM Housing Support
- Federal Medicaid dollars cannot be used for housing

CalAIM Housing Community Support:

- Substitute Services - least restrictive setting possible and to keep Medi-Cal beneficiaries in the community as medically appropriate.
- Medi-Cal – Managed Care Plans can choose to provide one or more of these supports:
 - Finding/transition to housing
 - Housing Deposits
 - Support in maintaining safe/stable housing
 - Recuperative Care – short-term residential care for those without housing. (Illness/injury)
 - Short-term Post-Hospitalization Housing – recovery place after institutional care (medical/behavioral)
 - Respite Services
 - Day Habilitation: Skills to live at home
 - Support: Transitioning into housing, sobering centers, medically supportive food.



Housing Transition Navigation Services

- Tenant Screening and assessment – understanding barriers to housing and obstacles to retention.
 - Individualized housing support plan – set up goals
 - Housing search
 - Completing housing applications
 - Benefits advocacy, including SSI
 - Identifying/obtaining rental subsidy and coverage for expenses.
 - Reasonable Accommodations & Environmental Accommodations
 - Landlord engagement
 - Ensuring a safe living environment
 - Transition into housing – transportation, crisis plan.
-

Day Habilitation Programs

- Peer mentoring for self-help, socialization, and adaptive skills for a person's environment.
- Skills – using public transportation, conflict resolution, interpersonal relationships, community
- Daily Living: cooking, cleaning, money management,

Housing Tenancy and Sustaining Services

- Intervention for behaviors that risk losing housing and compliance
- Education of rights and responsibilities of tenant and landlord.
- Coaching on maintaining relationships with landlord/managers.
- Coordination with landlord
- Resolving disputes with landlord and neighbors
- Eviction prevention
- Benefits advocacy
- Help with recertification
- Housing support plan
- Health and Safety Visits
- Independent living – financial literacy, community services.





Eligibility

- Varies depending on the program
- Meet HUD definition of homeless
- Meet HUD definition of at risk of homelessness
- Serious mental illness
- Serious chronic conditions
- Risk of institutionalization
- Child at risk of homelessness, homeless, or Transition- Age Youth with barriers to housing.

HCBS Waivers

- Assisted Living Waiver (ALW)
- Home and Community-Based Alternatives (HCBA) Waiver
- Home and Community-Based Services Waiver for the Developmentally Disabled (HCBS-DD)
- Multi-Purpose Senior Services Waiver (MSSP)
- Medi-Cal Waiver Program (formerly AIDS Waiver)

Assisted Living Waiver

- Assisted living setting as an alternative to long-term placement in a nursing facility.
- Facilitates the transition of institutionalized members to a less-restrictive setting and prevents institutionalization.
- Care needs equal to those of Medi-Cal-funded residents living and receiving care in Nursing Facilities
- Willing to live in an assisted living facility or publicly subsidized housing as an alternative to a Nursing Facility
- Eligibility
 - Age 21 or older
 - Full-scope Medi-Cal eligibility with zero share of cost
 - Able and willing to reside safely in an assisted living facility or publicly subsidized housing in one of the counties providing ALW services



Home and Community- Based Alternatives (HCBA) Waiver

- Care management services to persons at risk for nursing home or institutional placement
- Nursing Home Level of Care
- Safely and sustainably receive their required care in their homes.
- Eligibility
 - Any age
 - Medi-Cal eligible
 - Living in a Hospital or Nursing Facility OR At Risk of Institutionalization within 30 days
- Waiting List as of July 12, 2023



Home and Community-Based Services Waiver for the Developmentally Disabled (HCBS-DD)

- Allow persons with developmental disabilities to live at home or in the community rather than residing in a licensed health facility.
- Eligibility: Person or family member:
 - 1) Has a formal diagnosis of intellectual disability or developmental disability
 - 2) Regional center consumer
 - 3) Care level = licensed health care facility for people with an intellectual disability
 - 4) “Full scope” Medi-Cal eligibility
 - Under the age of 18 = “institutional deeming”

Multi- Purpose Senior Services Waiver (MSSP)

- Alternative to nursing care facility for those with nursing home level of care
- Services:
 - Case Management, Money Management, supervision
 - Personal Care Services and Adult Day Care
 - Respite Care (in-home and out-of-home)
 - Environmental Accessibility Adaptations and Minor Repairs
 - Transportation
 - Personal Emergency Response System
 - Meal Services - Congregate / Home Delivered
 - Social Reassurance / Therapeutic Counseling
 - Communication Services
- Eligible
 - 65 and older
 - Medi-Cal eligible
 - Live in *OR* Willing to Move to one of the Counties where the Waiver is Available

Medi-Cal Waiver Program

(formerly AIDS Waiver)

- Case management and direct care services to persons living with HIV/AIDS as an alternative to nursing facility care or hospitalization.
- Living at home instead of an institution.
- Eligibility:
 - Medi-Cal recipients eligible for nursing facility care or hospitalization, in an "Aid Code" with full benefits
 - Not enrolled in the Program of All-Inclusive Care for the Elderly (PACE)
 - HIV or AIDS with related signs, symptoms, or disabilities
 - Nursing facility level of care and score 60 or less using the Cognitive and Functional Ability Scale assessment tool.
 - Children under 13 years with HIV/AIDS symptoms and
 - Health status: in-home services
 - Home setting that is safe for both the client and service providers.

Medi-Cal Hearings

- Call member services for help.
- File a formal complaint/grievance **with your plan**
 - Response in 30 days or 3 if urgent.
- Medi-Cal Fair Hearing/State Fair Hearing
 - County or Dep't of Health Care Services, Covered California eligibility: File request within 90 days of receiving Notice of Action or good cause
 - Medi-Cal managed care plan: File appeal within 60 days of NOA
 - Request:
<https://acms.dss.ca.gov/acms/login.request.do> or (800) 743-8525 or complete request for hearing on NOA

Independent Medical Review & Complaint Process

- When your health plan denies, changes, or delays your request for medical services, denies payment for emergency treatment or refuses to cover experimental or investigational treatment for a serious medical condition.
- First file grievance (unless immediate threat to your health)
 - Response within 30 days
- File Complaint - <https://www.dmhc.ca.gov/FileaComplaint.aspx>
- 45 days to respond or 7 if expedited.

Questions?

Erin Neff
eneff@dredf.org

Silvia Yee
syee@dredf.org